Rude vs. Mean vs. Bullying

Because everything isn’t bullying!!!
Why do we need to think about this?

- House Bill No. 1583 (2016): provides a definition of bullying and requires districts to create an anti-bullying policy along with processes to follow in the event bullying may have occurred

- District Policy: bullying paperwork, safety plans, and intervention plans

- Know the difference so that staff and parents can make informed decisions about next steps
Pre-test
Rude

- Accidentally saying or doing something that hurts feelings or embarrasses someone

- Also inconsiderate thoughtless, unplanned behavior, bad manners, only thinking about yourself, not meant to actually hurt anyone

- EXAMPLES: Burping, coughing, sneezing on others, bragging about the highest grade, cutting in line, horseplay, being disrespectful, getting in personal space
Mean

- *Saying or doing something on purpose to hurt someone maybe once or twice*

- Sometimes said in anger to make someone else look bad, we usually feel regret later

- **EXAMPLES:** criticizing or making fun someone’s clothes, looks, intelligence, skin, language, breaking or stealing others belongings
Bullying

- Behavior that is on purpose, repeated over time and involves an imbalance of power

- 4 types of bullying:
  - Physical: actions that hurt your body
  - Verbal: words that hurt your feelings
  - Friendship: words/actions that hurt your friendships, using a friendship or threatening to take friendship away
  - Cyberbullying: intentional, repeated harmful behavior using technology
BRAINSTORM!!!

- Work with your table to sort the descriptions into categories
Review

○ Rude: Inconsiderate, thoughtless, unplanned behavior, bad manners, only thinking about yourself, not meant to actually hurt anyone

○ Mean: Saying or doing something on purpose to hurt someone, maybe once or twice, usually in anger

○ Bully: on purpose, repeated over time and involves an imbalance of power
Resources

- http://signewhitson.com

- This PowerPoint created by: http://exploringschoolcounseling.blogspot.com