

Learning Styles - Modality Preference Inventory

Introduction To Broadcasting

Name & Block

Read each statement and select the appropriate number response as it applies to you.

Often (3) Sometimes (2) Seldom/Never (1)

Visual Modality

- _____ I remember information better if I write it down.
- _____ Looking at the person helps keep me focused.
- _____ I need a quiet place to get my work done.
- _____ When I take a test, I can see the textbook page in my head.
- _____ I need to write down directions, not just take them verbally.
- _____ Music or background noise distracts my attention from the task at hand.
- _____ I do not always get the meaning of a joke.
- _____ I doodle and draw pictures on the margins of my notebook pages.
- _____ I have trouble following lectures.
- _____ I react very strongly to colors.
- _____ Total

Auditory Modality

- _____ My papers and notebooks always seem messy.
- _____ When I read, I need to use my index finger to track my place on the line.
- _____ I do not follow written directions well.
- _____ If I hear something, I will remember it.
- _____ Writing has always been difficult for me.
- _____ I often misread words from the text.
- _____ I would rather listen and learn than read and learn.
- _____ I am not very good at interpreting an individual's body language.
- _____ Pages with small print or poor quality copies are difficult for me to read.
- _____ My eyes tire quickly, even though my vision check-up is always fine.
- _____ Total

Kinesthetic/Tactile Modality

- _____ I start a project before reading the directions.
- _____ I hate to sit at a desk for long periods of time.
- _____ I prefer first to see something done and then to do it myself.
- _____ I use the trial and error approach to problem-solving.
- _____ I like to read my textbook while riding an exercise bike.
- _____ I take frequent study breaks.
- _____ I have a difficult time giving step-by-step instructions.
- _____ I enjoy sports and do well at several different types of sports.
- _____ I use my hands when describing things.
- _____ I have to rewrite or type my class notes to reinforce the material.
- _____ Total

Total the score for each section.

A score of 21 points or more in a modality indicates strength in that area. Insert your scores in the spaces provided.

The highest of the three scores indicates the most efficient method of information intake.

Visual Modality_____

(Such a learner benefits from the text, from filmstrips, charts, graphs, etc.)

Auditory Modality_____

(Such a learner benefits from audiotapes, lectures, etc.)

Kinesthetic/Tactile Modality_____

(Such a learner would benefit from taking notes and rewriting class notes, etc.)

With this information, what will you do to make learning and remembering more efficient for you?

Middlesex Community-Technical College
100 Training Hill Rd., Middletown, CT 06457
<http://www.mxctc.commnet.edu/clc/survey.htm>