



Learning Style Inventory

Directions: The following inventory is a short, quick way to help you understand your and your children's learning styles. Respond to each item as honestly as you can. **Place a check on the appropriate line after each item.**

	Often	Sometimes	Seldom
1. Can remember more about a subject through the lecture method with information, explanations, and discussion.	_____	_____	_____
2. Prefer information to be written on the chalkboard, with the use of visual aids and assigned readings.	_____	_____	_____
3. Like to write things down or to take notes for visual review.	_____	_____	_____
4. Prefer to use posters, models, or actual practice and some activities in class.	_____	_____	_____
5. Require explanations of diagrams, graphs, or visual directions.	_____	_____	_____
6. Enjoy working with my hands or making things.	_____	_____	_____
7. Am skillful with and enjoy developing and making graphs and charts.	_____	_____	_____
8. Can tell if sounds match when presented with pairs of sounds.	_____	_____	_____
9. Remember best by writing things down several times.	_____	_____	_____
10. Can understand and follow directions on maps.	_____	_____	_____
11. Do better at academic subjects by listening to lectures and tapes.	_____	_____	_____
12. Play with coins or keys in pockets.	_____	_____	_____
13. Learn to spell better by repeating the words out loud than by writing the words on paper.	_____	_____	_____
14. Can understand a news article better by reading it in the paper than by listening to the radio.	_____	_____	_____
15. Chew gum, smoke, or snack during studies.	_____	_____	_____
16. Feel the best way to remember is to picture it in your head.	_____	_____	_____



17. Learn spelling by “finger spelling” words.
18. Would rather listen to a good lecture or speech than read about the same material in a text book.
19. Am good at working and solving jigsaw puzzles and mazes.
20. Grip objects in hands during learning period.
21. Prefer listening to the news on the radio rather than reading about it in the newspaper.
22. Obtain information on an interesting subject by reading relevant materials.
23. Feel very comfortable touching others, hugging, handshaking, etc.
24. Follow oral directions better than written ones.

Often	Sometimes	Seldom
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Scoring Procedures

Directions: If you checked *often* next to a question, it equals 5 points; *sometimes* equals 3 points; and *seldom* equals 1 point. Look at the 3 columns (Visual, Auditory, Tactile). Question #2 is under visual. Look at your response to question #2. If you checked *often*, write 5; if you checked *sometimes*, write 3; if you checked *seldom*, write 1. Do the same for the rest of the numbers in the columns. Be careful. They are not in order. Once you have completed recording the score, add the points in each column to obtain your preferred learning style.

VISUAL		AUDITORY		TACTILE	
#	PTS.	#	PTS.	#	PTS.
2	_____	1	_____	4	_____
3	_____	5	_____	6	_____
7	_____	8	_____	9	_____
10	_____	11	_____	12	_____
14	_____	13	_____	15	_____
16	_____	18	_____	17	_____
19	_____	21	_____	20	_____
22	_____	24	_____	23	_____
Total	_____	Total	_____	Total	_____

If you are a **visual** learner, then by all means be sure that you look at all study materials. Use charts, maps, filmstrips, notes, and flashcards. Practice visualizing or picturing words/concepts in your head. Write out everything for frequent and quick visual review.

If you are an **auditory** learner, you may wish to use tapes. Tape lectures to help you fill in the gaps in your notes. But do listen and take notes, reviewing notes frequently. Sit in the lecture hall or classroom where you can hear well. After you have read something, summarize it, and recite it aloud.

If you are a **tactile** learner, trace words as you are saying them. Facts that must be learned should be written several times. Keep a supply of scratch paper for this purpose. Taking and keeping lecture notes will be very important. Make study sheets.

