

COMMUNITY RESOURCE GUIDE

24-HOUR EMERGENCY/CRISIS

BEHAVIORAL HEALTH RESPONSE (BHR)
(314) 469-6644

BEHAVIORAL HEALTH RESPONSE YOUTH CONNECTION HELPLINE
1 (844) 985-8282
Text BHEARD 31658

MISSOURI CHILD ABUSE & NEGLECT HOTLINE
1 (800) 392-3738

NATIONAL SUICIDE PREVENTION LIFELINE
1 (800) 273-8255
Text TALK to 741-741

SAFE CONNECTIONS
(314) 531-2003

RITENOUR SAFELINE
(314) 493-6205

CRISIS NURSERY
(314) 768-3201

YOUTH IN NEED EMERGENCY SHELTER
(636) 946-3771

EPWORTH YOUTH EMERGENCY SHELTER
(314) 727-6294

TREVOR PROJECT LGBTQ HELPLINE
1 (866) 488-7386
Text START to 678678

COUNSELING

ANNIE'S HOPE
Grief and loss support
(314) 965-5015

CHADS FAMILY SUPPORT COUNSELING PROGRAM
(314) 952-8274

EPWORTH FAMILY SUPPORT NETWORK
For children under 13
(314) 705-0186

FAMILY FORWARD
(314) 534-9350

PROVIDENT BEHAVIORAL HEALTH
(314) 533-8200

KIDS IN THE MIDDLE
For children who are experiencing divorce or parent separation
(314) 909-9922

LUTHERAN FAMILY & CHILDREN SERVICES
(314) 787-5100

ST. VINCENT HOME FOR CHILDREN
(314) 261-6011

ST. FRANCIS COMMUNITY SERVICES
Bi-Lingual Counseling
(314) 932-3300

YOUTH IN NEED
(314) 594-5010 St. Louis
(636) 946-0101 St. Charles

ALCOHOL & SUBSTANCE ABUSE

PREFERRED FAMILY HEALTHCARE

(314) 773-3670 St. Louis

(314) 729-7050 South County

(314) 972-8132 North County

(636) 946-6376 St. Charles

FOOD

OPERATION FOOD SEARCH HUNGER HOTLINE

(314) 726-5355 Call

(785) 503-3310 Text

RITENOUR CO-CARE FOOD PANTRY

(314) 493-6028

HOUSING/SHELTER

ST. LOUIS HOUSING HELPLINE

(314) 802-5444

HOUSING AUTHORITY OF ST. LOUIS COUNTY

(314) 428-3200

BEYOND HOUSING

(314) 533-0600

ST. VINCENT HOME FOR CHILDREN

(314) 261-6011

COVENANT HOUSE MISSOURI

(314) 533-2241

SALVATION ARMY ST. LOUIS

(314) 646-3000

EPWORTH

1 (800) 899-5437

URBAN LEAGUE

(314) 388-9840 St. Louis County

(314) 615-3690 St. Louis City

UTILITY ASSISTANCE

AMEREN

(800) 552-7583

SALVATION ARMY ST. LOUIS

(314) 646-3000

COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)

(314) 863-0015

Email: energyhelp@caastl.org

SPIRE

(800) 887-4173

HEAT UP ST. LOUIS

(314) 241-0001

ST. VINCENT DE PAUL

(314) 881-6000

NEW LIFE EVANGELISTIC CENTER

(314) 421-3020

URBAN LEAGUE

(314) 388-9840 St. Louis County

(314) 615-3642 St. Louis City

GENERAL ASSISTANCE

START HERE ST. LOUIS AREA RESOURCE DIRECTORY

startherestl.org

UNITED WAY OF GREATER ST. LOUIS

Dial 211

1 (800) 427-4626

(Texting available M-F, 9am-5pm)