

St. Louis County  Children's Service Fund

2012 Key Partner Directory



*Keeping Kids First*

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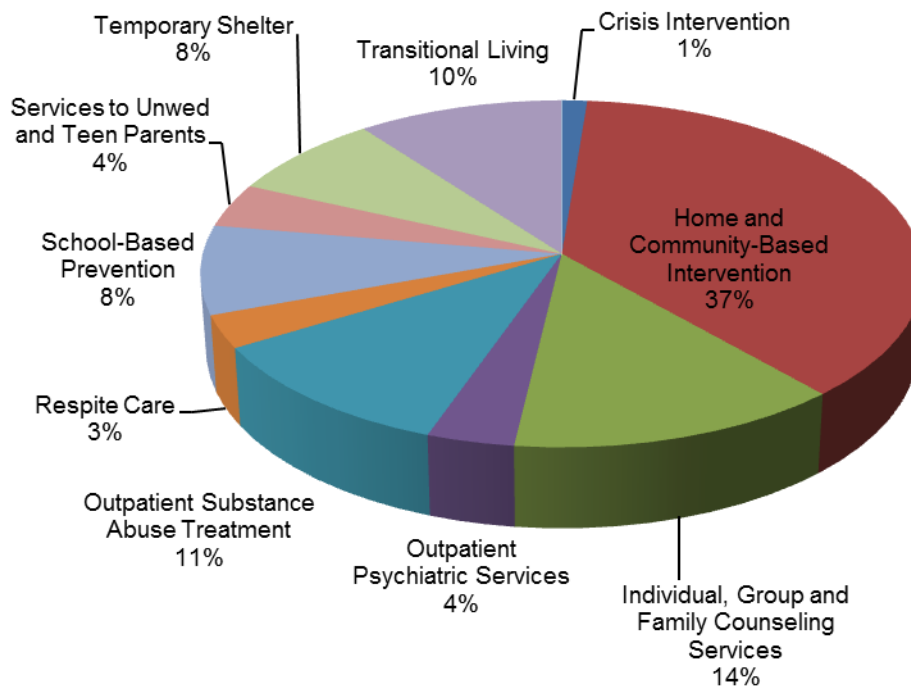
## Background and Summary

For the 2012 Funding Cycle the St. Louis County Children's Service Fund is funding forty-nine nonprofit and governmental agencies that deliver 100 mental health and substance abuse programs to St. Louis County children, youth, and their families. This allocation by the Board invested \$33 million over a 12 month period (January 1, 2012 – December 31, 2012) in positive outcomes for St. Louis County's children and youth. For more information please visit the Children's Service Fund's website at [www.KeepingKidsFirst.org](http://www.KeepingKidsFirst.org).

The St. Louis County Children's Service Fund is empowered by Missouri State Statutes RSMo 67.1775 and RSMo 210.861. According to the two State Statutes there 10 categories of services that are eligible for funding:

1. Temporary Shelter Services
2. Transitional Living Services
3. Services to Unwed and Teenage Parents
4. Respite Care Services
5. Crisis Intervention Services
6. School-Based Prevention Services
7. Home and Community-Based Intervention Services
8. Individual, Group, and Family Counseling Services
9. Outpatient Psychiatric Services
10. Outpatient Substance Abuse Treatment

**2012 Children's Service Fund Investments by Service Area**



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### Searching this Document

Readers can search through this document by pressing "CTRL F" and typing in a word in the search bar that they would like to search for. For example if you are looking for services relating to teen pregnancy you could look on the following page under the "Services to Unwed and Teen Parents" section; or you could search the document "services to unwed and teen parents". Your search would return all programs that serve.

## Funded Agencies by Service Area

### School-Based Prevention Services

Catholic Family Services  
CHADS Coalition for Mental Health  
Jewish Family and Children's Service  
National Council on Alcoholism and Drug Abuse  
Preferred Family Healthcare  
Safe Connections

### Crisis Intervention Services

Behavioral Health Response  
Youth In Need

### Services to Unwed and Teen Parents

Almost Home  
Children's Home Society of Missouri  
Epworth Children & Family Services, Inc.  
Family Resource Center  
Good Shepherd Children and Family Services  
Lutheran Family & Children's Services

### Respite Care Services

Bethany Christian Services of Missouri  
Children's Home Society of Missouri  
Great Circle  
Lutheran Family & Children's Services  
Saint Louis Crisis Nursery  
Touch Point Autism Services

### Individual, Group, and Family Counseling

ALIVE  
Better Family Life  
Catholic Charities  
Catholic Family Services  
Children's Advocacy Services of Greater St. Louis  
Children's Home Society of Missouri  
Community Psychological Service  
Family Resource Center  
Jewish Family and Children's Service  
Kathy J. Weinman Shelter  
Kids In The Middle  
Lutheran Family & Children's Services  
Our Little Haven  
Provident Inc.  
Queen of Peace Center  
Safe Connections  
Washington University - The SPOT

### Outpatient Substance Abuse Treatment

Bridgeway Behavioral Health  
Preferred Family Healthcare  
Queen of Peace Center

### Outpatient Psychiatric Services

BJC Behavioral Health  
Catholic Family Services  
Children's Advocacy Services of Greater St. Louis  
Jewish Family and Children's Service  
Lutheran Family & Children's Services  
Our Little Haven  
Washington University - School of Medicine

### Temporary Shelter Services

ALIVE  
Child Center Marygrove  
Covenant House Missouri  
Epworth Children & Family Services, Inc.  
Our Lady's Inn  
Room at the Inn  
St. Martha's Hall  
St. Vincent Home for Children  
Women's Safe House  
Youth In Need

### Transitional Living Services

Child Center Marygrove  
Epworth Children & Family Services, Inc.  
Every Child's Hope  
Youth In Need

### Home and Community-Based Intervention Services

Alliance on Mental Illness-NAMI St. Louis  
BJC Behavioral Health  
Bridgeway Behavioral Health  
Catholic Family Services  
CHADS Coalition for Mental Health  
Children's Advocacy Services of Greater St. Louis  
Children's Foundation of Mid-America Inc.  
Children's Home Society of Missouri  
Epworth Children & Family Services, Inc.  
Every Child's Hope  
Family Resource Center  
Foster & Adoptive Care Coalition  
Good Shepherd Children and Family Services  
Great Circle  
Jewish Family and Children's Service  
Lutheran Family & Children's Services  
Nurses For Newborns  
Places For People  
Redevelopment Opportunities for Women  
Saint Louis Crisis Nursery  
St. Louis County Department of Health  
St. Louis County Department of Human Services  
Voices For Children  
Youth In Need

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## Alternatives to Living In Violent Environments (ALIVE)

Website [www.alivestl.org](http://www.alivestl.org)  
Phone Number (314) 993-2777  
Contact Denise DeCou

### Funded Projects

Project Name Children's Counseling Program

Project Description Licensed counselors assist children 4-19 who have been exposed to domestic abuse via play/talk therapy, EMDR, and TF-CBT. Parents of children younger than four are helped in addressing common concerns resulting from exposure to intimate partner violence in their home both past and present. Consultation is available for parenting skill development.

Eligibility Criteria Parents and their children who have experienced/witnessed domestic violence. ALIVE does not charge for services rendered. No person seeking services will be denied access due to inability to pay.

Service Area Individual, Group and Family Counseling Services

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Project Name Nights of Safety

Project Description The "Nights of Safety" emergency shelter program provides shelter and basic necessities when there is no room available at local domestic violence shelters. The program focuses on assisting clients with finding a longer-term safe shelter and on helping clients create and achieve goals that will enable them to rebuild lives free of violence.

Eligibility Criteria Children accompanying their parents who are in immediate danger due to domestic violence but who are unable to secure shelter at one of the area's domestic violence shelters.

Service Area Temporary Shelter

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## Alliance on Mental Illness - NAMI St. Louis

Website [www.namistl.org](http://www.namistl.org)  
Phone Number 314-962-4670  
Executive Director Dar Walker

### Funded Project

Project Name Recovery of Children and Adolescents from Serious Emotional Disturbances through Family Interventions

Project Description Through intervention services of Crisis Intervention Team (CIT) police officers and follow-up one-on-one consultations provided by NAMI's Family Outreach Specialist, youths with early onset severe mental illness and serious emotional disturbances, and their families, will improve their

overall well-being. Our goal is to help families recognize the issues they face, prepare a plan to address those issues, and link with necessary community-based mental illness and substance abuse treatment services

Service Area Home and Community-Based Intervention

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## Almost Home, Inc.

Website [www.almosthomestl.org](http://www.almosthomestl.org)  
Phone Number 314-771-4663  
Executive Director Rhonda Gray

### Funded Project

Project Name From Transitional Living to Transforming Lives

Project Description Almost Home serves homeless teenage mothers aged 12 to 19, and their children. Providing transitional housing, counseling and support services to these young families, Almost Home is a safe, structured and compassionate environment. Young mothers, teamed with professional staff, develop emotional, social, economic, academic and life skills – so they will become self-sufficient, responsible adults and parents to their children.

Eligibility Criteria Homeless teen women who are pregnant or parenting and willing to actively participate in an education-based program to transition to independence and responsible parenthood.

Service Area Services to Unwed and Teen Parents

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## Behavioral Health Response (BHR)

Website [www.bhrstl.org](http://www.bhrstl.org)  
Phone Number (314) 628-2929  
Executive Director Lesley Levin

### Funded Project

Project Name St. Louis County Youth Connection Helpline

Project Description The helpline provides 24/7 crisis intervention, including mobile outreaches to home or community agencies to provide emotional support and referral information and linkage assistance for children, youth and their families in St. Louis County. The program is a collaboration between Youth In Need, the St. Louis County Safe Place Network and Behavioral Health Response. Consumer may call or text the helpline or go to a county Safe Place location for assistance.

Call (314) 628-2929  
Toll Free (877) 928-2929  
Text 4HLP to 31658

In addition to Helpline, BHR offers Mental Health First Aid training. This 12-hour interactive

course is created for the community and presents an overview of mental illness and substance use disorders in the U.S. It introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Those who take the course are certified as Mental Health First Aiders. They learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care

Project Contact Chris Mayer (314) 628-6205, cmayer@bhrworldwide.com

Service Area Crisis Intervention

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## Bethany Christian Services

Website [www.bethany.org/missouri](http://www.bethany.org/missouri)

Phone Number (314) 781-6363

Branch Director Donna Nicholson

### Funded Project

Project Name Safe Families for Children

Project Description The program helps parents experiencing a temporary crisis arrange for their children to stay with a Safe Family until the crisis has passed. Parents maintain custody of their children throughout the entire placement and may ask to have their children returned at any time. There is no charge for this service, and volunteers are not financially compensated for their participation.

Service Area Respite Care

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## Better Family Life

Website [www.betterfamilylife.org](http://www.betterfamilylife.org)

Phone Number (314) 367-3440

Executive Director Malik Ahmed

### Funded Project

Project Name Family Support and Intervention Program

Project Contact Dr. Christi Moore (314) 746-0750 / (314) 746-0823

Project Description The Family Support and Intervention Program, as provided by Better Family Life, offers individual, family, and group counseling, as well as psychological assessments to juveniles (age 19 and under) and families. Based on the interventions/services to be offered, individual and/or group counseling services will address the following behavioral issues (not an exhaustive list): Attention Deficits and Impulsivity, Anger/Aggression/Bullying, Anxiety, Depression, Truancy, Trauma, Grief, and Associated difficulties (i.e., academic and/or emotional disturbances). Behaviors addressed in family counseling will address concerns of family stability, family communication problems, and other issues as indicated in the referral process. The Better Family Life Inc. Wellness and Clinical Services division is equipped with a Licensed Clinical Psychologist and Psychology trainees who will be available to provide psychological

assessments for designated youth. Referrals for assessments can be initiated to obtain objective information on the client's cognitive, achievement, and/or personality status. Products of the psychological assessments can be utilized for developing a working list of diagnostic concerns, determining client strengths and areas for improvement, treatment planning, and determination of the efficacy of client treatment.

Service Area Individual, Group and Family Counseling Services

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## BJC Behavioral Health

Website [www.bjcbehavioralhealth.org](http://www.bjcbehavioralhealth.org)  
Phone Number (314) 729-4004  
Executive Director Kim Gladstone (Vice President Corporate Health Services)

### Funded Projects

Project Name Kirkwood School District Mental Health Services

Project Description The agency provides 8 Educational Support Counselors throughout the Kirkwood School District. The counselors work closely with school personnel to offer counseling and case management and resources to help keep families functioning, keep children in school, and provide a foundation of potential academic and personal success.

Service Area Home and Community-Based Intervention

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Project Name School Consultation Service

Project Description BJC BH have a staff certified as a Facilitator and Coach in High Fidelity Wraparound that will do Consultation Services in the Special School District. BJC BH staff will coach school teams on the wraparound process and facilitate linkage with appropriate treatment that reaches beyond the scope of the school or therapeutic classroom. Consultations with SSD teams will improve the fidelity of the teams to evidence based practices.

Fidelity Wraparound is an evidence based practice described as a facilitation of the student and family's goals within a family support team. The purpose is to support and empower the youth and families through specific steps to address any future mental health issues and achieve the family's goals.

Service Area Home and Community-Based Intervention

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Project Name Expansion of Child Psychiatric Services

Project Description The activities of this program include a comprehensive assessment with an agreed upon treatment plan with the client and psychiatrist. This program includes continued treatment sessions until symptoms are resolved and/or stability is reached and medication management is longer required.

Service Area Outpatient Psychiatric Services

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Project Name	Expansion of Children's Services Delivery System
Project Description	<p>The core services include screening, assessment and intensive case management. The latter also includes The High Fidelity Wraparound evidenced-based practice model.</p> <p>The agency provides both direct therapy and case management services for deaf and hard of hearing children. Qualified clinicians have the ability to communicate directly with deaf and hard of hearing clients without the use of an interpreter.</p> <p>This project expanded the availability of Integrated Dual Diagnosis Treatment and Dialectic Behavioral Therapy to assist clients through individual and group therapies.</p> <p>This project have been expanded to include staff are working with the University of Missouri Saint Louis (UMSL) in intensive certified training in this trauma informed care model and evidence based practice. Modules includes psycho-education, relaxation, affect regulation, behavior management, cognitive restructuring and gradual exposure to traumatic memories.</p>
Service Area	Home and Community-Based Intervention

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## Bridgeway Behavioral Health

Website	<a href="http://www.bridgewaybh.com">www.bridgewaybh.com</a>
Phone Number	(314) 395-7101
CEO	Michael Morrison

### Funded Projects

Project Name	Bridges to Success (BtS) Intensive Outpatient (IOP)
Project Description	Bridges to Success (IOP) is a collaborative afterschool/ intensive outpatient program which combines intensive substance abuse education and outpatient treatment services with ancillary services that include family therapy, mentoring, psychiatry, job and life skills training, academic support, credit recovery, leadership development, parent group and case management.
Eligibility Criteria	The program is geared toward adolescents between the ages of 13 and 19 who have been identified as at-risk for illicit drug and/or alcohol abuse/dependence and who have been referred for treatment from the juvenile court, school districts, families, and/or self-referral.
Service Area	Outpatient Substance Abuse Treatment

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Project Title	Bridges to Success (BtS) ACAT Program
Project Description	Bridges to Success ACAT (Assertive Community Addiction Treatment) is a community based model of substance abuse treatment for young people 13-19 being released from St. Louis County Justice Center, Juvenile Detention, the Division of Youth Services, residential treatment facilities, and/or are currently in a day-treatment/IOP program. ACAT is a composed a multidisciplinary team which provides traditional and non-traditional substance abuse treatment services primarily out of the office that are convenient for the family/adolescent. ACAT is assertive, long-term, substance abuse treatment, that emphasis educational/vocational supports, provides psycho-educational services, family therapy, places emphasis on community integration, and coordinates health care. ACAT's goal is to keep adolescents in recovery and out of hospitals, residential programs, and institutions.

**Eligibility Criteria** The program is geared toward adolescents between the ages of 13 and 19 who have been identified as at-risk for illicit drug and/or alcohol abuse/dependence, have experienced recurrent episodes of care in traditional residential and/or outpatient settings, and who have been referred for treatment by the St. Louis County Justice Center, Family Court, the Division of Youth Services, residential treatment facilities, and/or are currently in a day-treatment/IOP program.

**Service Area** Home and Community-Based Intervention Services

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**Project Title** Bridges to Success (BtS) In-Custody Treatment

**Project Description** Bridges to Success In-Custody Treatment will provide In-Custody Substance Abuse Treatment and Re-Entry services for adolescents aged 17-19 who are moving through the St. Louis County Justice Center. In collaboration with the Justice Center and Queen of Peace, in custody treatment and re-entry services will be provided to offenders who are housed in the St. Louis County Justice Center. The In-Custody Treatment component of this program will utilize a traditional Intensive Outpatient Treatment model combined with intense case management and re-entry planning. An adapted version of this model will be used and crafted to fit the needs of the population based on length of stay and individual needs.

**Eligibility Criteria** This program is geared toward adolescents between the ages of 17 to 19 who are incarcerated at the St. Louis Justice Center and who have been identified as at-risk of illicit drug and/or alcohol abuse/dependence.

**Service Area** Outpatient Substance Abuse Treatment

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**Project Title** Bridges to Success (BtS) Day-Treatment

**Project Description** Bridges to Success Day-Treatment is a day-treatment program which provides intensive substance abuse treatment/education, in a 6 hour per day, 5 days per week setting, as well as ancillary services that include family therapy, psychiatry, mentoring, job and life skills training, academic support, credit recovery, leadership development, parent group and case management. Clients will be assessed using the GAIN assessment and upon completion of the assessment a comprehensive treatment plan and re-entry plan will be collaboratively developed by the treatment team.

**Eligibility Criteria** The program is geared toward adolescents between the ages of 13 and 19 who have been identified as at-risk for illicit drug and/or alcohol abuse/dependence, who are in need of a more intense level of care than traditional outpatient, and who have been referred for treatment from the juvenile court, agencies, DJS, school districts, families, and/or self-referral.

**Service Area** Outpatient Substance Abuse Treatment

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## Catholic Charities Community Services

Website [www.ccstl.org](http://www.ccstl.org)  
Phone Number (314) 773-6100  
Executive Director Karen Wallensak

### Funded Project

Project Name Spanish Language Mental Health Outreach Program

Project Description The agency will provide mental health counseling for youth who reside in St. Louis County. The program is designed for youth and family members who are Spanish speakers.

Eligibility Criteria Spanish speaking youth and their families, youth will be ages 6-19.

Service Area Individual, Group and Family Counseling Services

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## Catholic Family Services

Website [www.cfsstl.org](http://www.cfsstl.org)  
Phone Number 314-544-3800  
Executive Director Sister Mary Carole Curran, Ph.D., ABPP

### Funded Projects

Project Name School-Based Counseling

Project Description School-based counseling services provided to Catholic Schools by an embedded counselor-individual, group, and classroom services.

Service Area Home and Community-Based Intervention

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Project Name School-Based Prevention Services

Project Description Individual and small group counseling services provided to prevent long-term distress. Classroom presentations in schools designed to prevent long-term problems.

Service Area School-Based Prevention Services

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Project Name Counseling for Homeless Children

Project Description Individual and small group counseling for homeless children residing in shelters, transitional housing, temporary housing.

Service Area Home and Community-Based Intervention

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Project Name Outpatient Psychiatric Services

Project Description Psychiatric intake and medication follow-up with Psychiatrist.

Service Area Outpatient Psychiatric Services

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Project Name Individual, Group, and Family Counseling

Project Description Office-based individual, group and family counseling for children and their families.

Service Area Individual, Group, and Family Counseling

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## CHADS Coalition for Mental Health

Website [www.chadscoalition.org](http://www.chadscoalition.org)

Phone Number (314) 952-2046

Executive Director Marian McCord

### Funded Projects

Project Name Dora Project

Project Description The Dora Project provides support and guidance to families in crisis due to the mental health concerns of their child. With a primary goal of preventing suicide, we provide:

- An understanding professional to hear parent's concerns
- Support prioritizing needs, setting goals and planning for improved outcomes
- Short-term therapy and support groups for parents and youth
- Consultation with professionals regarding mental health concerns
- Presentations for parents, schools, community groups or agencies

Service Area Home and Community-Based Intervention

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Project Name Olweus Bullying Prevention

Project Description The Olweus Bullying Prevention Program is a whole school program that has been proven to prevent or reduce bullying throughout the school. The program goal is to change the norms around bullying behavior and to restructure the school setting so that bullying is less likely to occur or be rewarded. OBPP is used at the school, classroom, and individual levels and includes methods to reach out to parents and the community for involvement and support.

Service Area School-Based Prevention

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Project Name	Signs of Suicide (SOS)
Project Description	SOS is a nationally recognized, suicide prevention and depression-screening program for middle & high school students. It teaches students how to identify the symptoms of depression and suicide in themselves or their friends. It encourages help seeking, using the ACT (Acknowledge, Care & Tell) technique
Service Area	School-Based Prevention

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## Child Center ~ Marygrove

Website	<a href="http://www.childcentermarygrove.org">www.childcentermarygrove.org</a>
Phone Number	314-837-1702
Executive Director	Sister Helen Negri

### Funded Projects

Project Name	Crisis Care
Project Description	Marygrove provides crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, family illness, incarceration of a parent/guardian, etc. It is a 24/7 program offering supervised care, room and board, and individualized treatment and planning for each child. Counseling and referrals to community resources are provided based on individual needs. Parenting teens are accepted into this program with their dependent children.
Eligibility Criteria	Males and female, birth to 19 years old, and their dependent children, if applicable. Referrals to the program may be made to the Director of Crisis Services, 314-830-6240 or 314-830-6214.
Service Area	Temporary Shelter

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Project Name	Transitional Living Services
Project Description	Marygrove provides transitional living services that focus on developing independent living skills for abused/neglected, mentally ill, and homeless children ages 16-19. The services include group homes, scattered site apartments, individualized treatment and therapy, in addition to providing life skills training and experiences to all of the youth. Parenting teens with their dependent children are accepted into this program.
Eligibility Criteria	Males and females ages 16-19, and their dependent children, if applicable. Referrals to the program may be made to the Director of Transitional/Independent Living Services, 314-830-6215.
Service Area	Transitional Living

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## Children's Advocacy Services of Greater St. Louis

Website [www.stlouiscac.org](http://www.stlouiscac.org)

Phone Number (314) 516-6798

Executive Director Jerry Dunn, Ph.D.

### Funded Projects

**Project Name** Trauma Informed System of Care - Therapeutic Services

**Project Description** The agency provides individual and family therapeutic services. The interventions include Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Integrated Treatment for Complex Trauma (ITCT), Parent-Child Interaction Therapy (PCIT), Trauma-Informed Play Therapy (TI-PT), and individual treatment for Children with Sexual Behavior Problems (CSBP). The agency also provides group programming for children, adolescents and caregivers including Families Learning About REcovery Strategies (FLARES) and group treatment for children and adolescents with Sexual Behavior Problems (CSBP, AISB). Both offices are conveniently located near public transportation and offer both evening and Saturday hours. Most clients will be seen weekly; however, clients may be seen either more or less frequently as their treatment plan indicates.

**Eligibility Criteria** Children/youth ages 2 to 17 from St. Louis County with a disclosed or substantiated traumatic event, or children/youth ages 3 to 12 from St. Louis County who display sexual behavior problems.

**Service Area** Individual, Group and Family Counseling Services

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**Project Name** Forensic Services and Child and Family Traumatic Stress Intervention (CFTSI)

**Project Description** The agency provides forensic and CFTSI services to children 3-18 years old who are alleged victims of sexual abuse, severe physical abuse, and/or witness to a violent crime, and their caregivers. Comprehensive forensic interviews are conducted in a child-friendly, neutral setting by a skilled interviewer who is developmentally and linguistically appropriate, allows for the child's narrative recall of events, and is culturally competent.

**Eligibility Criteria** The target population to participate in the Child and Family Traumatic Stress Intervention is children 3-18 who have participated in a forensic interview and their non-offending caregiver. The sole criteria for a referral to this intervention is that the child has experienced a potential traumatic event.

**Service Area** Home and Community-Based Intervention

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**Project Name** Trauma Informed System of Care - Psychiatric Services

**Project Description** The purpose of CASGSL's Psychiatric Services program is to provide St. Louis County CASGSL clients with both psychopharmacological services and therapy services from a psychiatric-mental health advanced practice nurse (PMHAPRN). PMHAPRN providers who work in collaboration with psychiatrists provide an ideal solution to the lack of available psychiatric services. Clients with PTSD may present with disabling symptoms, as well as with comorbid psychiatric illnesses. The clients may already be receiving pharmacological interventions for comorbid conditions or for symptoms related to PTSD. Alternatively, their current symptoms may be so disruptive as to lessen or impede the effectiveness of psychotherapy. CASGSL activities and interventions will include evaluation of current medications for efficacy, side effects and potential drug-drug or drug-food interactions and provision of prescriptive services when symptoms are interfering with psychotherapy effectiveness. The PMHAPRN provider will also provide therapy, allowing her to be maximally effective both in the provision of psychiatric services to clients and in collaborating with the other clinical staff. The client will have an assigned therapist who, during his/her initial evaluation or throughout the course of caring for his/her client, may make a referral to psychiatric services for pharmacological intervention. The PMHAPRN will collaborate with the referring therapist to obtain the presenting problem, assessment results, symptom history, medication use and diagnostic impression. The PMHAPRN will also meet with the client and client caregivers to obtain further information regarding behavior, symptoms and side effects (if taking medication). A brief problem-focused physical exam, including an evaluation of physical signs of adverse effects will take place. Once the assessment is complete, the PMHAPRN will meet with the referring therapist to discuss a treatment plan and present the plan and psychopharmacology education to the caregiver and client, as appropriate. Communication with primary care physicians and other involved healthcare providers will also take place.

**Eligibility Criteria** Children/youth ages 2 to 17 from St. Louis County with a disclosed or substantiated traumatic event, or children/youth ages 3 to 12 from St. Louis County who display sexual behavior problems. This program accepts referrals from other CSF funded agencies.

**Service Area** Outpatient Psychiatric Services

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## Children's Foundation of Mid-America

**Website** [www.care4kids.org](http://www.care4kids.org)

**Phone Number** 314-989-9727

**Executive Director** James Thurman

### Funded Projects

**Project Name** Family Solutions for Kids

**Project Description** Family Solutions for Kids is a program offered in collaboration with Every Child's Hope. The program provides community-based services to youth struggling with mental health, substance abuse, family and school related issues. Services will include: assessment, case management, mentoring, parent education/coaching, therapy, psychiatry and community resource linkage.

**Intake Number** (314) 504-1935

**Service Area** Home and Community-Based Intervention

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Project Name	Therapeutic Mentoring and Family Support
Project Description	The Therapeutic Mentoring Program serves youth who are at risk for child abuse/neglect, school failure or dropout, teenage pregnancy, homelessness, delinquency, substance abuse and/or other poor outcomes in home, school and community. Activities are designed to develop positive problem solving skills, conflict resolution skills and pro-social behaviors. Mentors meet with the youth, one on one, at least once weekly for up to 4 hours for a period of at least 36 weeks and up to 12 months.
Intake Number	(314) 989-9727
Service Area	Home and Community-Based Intervention

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## Children's Home Society of Missouri

Website	<a href="http://www.chsmo.org">www.chsmo.org</a>
Phone Number	314-968-2350
Executive Director	Karen Nolte

### Funded Projects

Project Name	Adoption Focused Mental Health
Project Description	The program provides services to children who are adopted, in foster care, or living in alternative family situations such as with grandparents or other relatives. Individual and family therapy and psychological evaluation services are provided for children with a history of child abuse and neglect and are experiencing significant mental health issues.
Service Area	Individual, Group and Family Counseling Services

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Project Name	Respite Care Services and Family Support
Project Description	The agency provides facility-based Respite services to children with significant, multiple developmental disabilities. The agency also provides Family Support services to these children and families as well as those with behavioral health needs. The child and family will be assessed for their needs for respite care and other family supports as well as provided direct individual, couple or family counseling services and other individualized family supports where appropriate.
Service Area	Respite Care

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Project Name	Nurturing Teens
Project Description	The program prepares pregnant/newly parenting teens for parenthood by supporting a healthy pregnancy, attending to immediate needs and stabilizing living environments using comprehensive case management. The program's evidence-based, family-centered parenting curriculum helps build protective factors and teach appropriate parenting and child rearing.
Service Area	Services to Unwed and Teen Parents



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Project Name	Nurturing Kids
Project Description	This program provides services to help vulnerable families build assets that will decrease the likelihood of child abuse and neglect and increase safe and healthy child development through comprehensive case management. The program uses an evidence-based, family-centered parenting curriculum to help build protective factors and teach appropriate parenting.
Service Area	Home and Community-Based Intervention

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## Community Psychological Service

Website	<a href="http://www.umsl.edu/cps">www.umsl.edu/cps</a>
Phone Number	(314) 516-5824
Executive Director	Robert Harris, Ph. D.

### Funded Project

Project Name	Child and Adolescent Psychological Evaluation Services
Project Description	CPS provides psychological evaluation services and treatment recommendations for learning disabilities, and for behavioral and emotional difficulties such as anxiety, depression, aggression, school related problems, peer and family relationship problems, poor attention, hyperactivity, and eating concerns. We also offer violence risk assessments, diagnostic assessments, psychosexual evaluations and intellectual assessments.
Eligibility Criteria	Children and adolescents age 3 to 19 who reside in St. Louis County and are in need of a psychological evaluation.
Service Area	Individual, Group, and Family Counseling Services

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## Covenant House Missouri

Website	<a href="http://www.covenanthousemo.org">www.covenanthousemo.org</a>
Phone Number	(314) 533-2241
Executive Director	Suzanne Wagener

### Funded Project

Project Name	Temporary Shelter Services
Project Description	The agency assists homeless, runaway and at-risk youth to enable them to become independent, productive and contributing members of society. Services are focused intently on homeless and at-risk youth, ages 16-21, for which other resources do not exist. The service framework of the agency includes outreach, emergency shelter and transitional housing along with support services ranging from education, employment and counseling services to life skills training, recreational activities and community service projects.

**Eligibility Criteria** The agency's Open Intake policy dictates that clients have access to all programs through self-referral and are not required to obtain a formal recommendation from another service provider or their service history. The agency accepts youth between the ages of 16-21 regardless of their mental health status or substance abuse history. There are no limitations of service eligibility based on gender or income. CHMO serves youth who are outside of the foster care, juvenile justice, or mental health systems.

**Service Area** Temporary Shelter

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## **Epworth Children & Family Services**

**Website** [www.epworth.org](http://www.epworth.org)

**Phone Number** (314) 961-5718

**24 Hour Hotline** (314) 727-6294

**Executive Director** Kevin Drollinger

### **Funded Projects**

**Project Name** The Transitional and Independent Living Program

**Project Description** Transitional and Independent Living Programs provide a continuum of apartment based housing and support services to older youth, helping them to learn the skills necessary for healthy independence within the context of a supportive team of professionals and an individualized plan tailored to their unique needs and strengths. The Aging Out Program provides a variety of training and support services, especially for youth preparing to leave the foster care system, aimed at improving educational attainment, independent living skills, and self-advocacy.

**Eligibility Criteria** Eligible youth include St. Louis at-risk youth (both male and female), ages 15-19, such as those who are preparing to age out of foster care, homeless youth who are not ready to live on their own without support, youth without parents, and disconnected youth who have no adult supervision.

**Service Area** Transitional Living

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**Project Name** The Parenting Transitional Living Program

**Project Description** The Parenting Transitional Living Program (PTLP) supports homeless teen parents in a scattered-site, transitional living setting, providing housing, case management, food, basic life skills training, 24-hour on-call crisis intervention and basic necessities while training them to be effective parents through in-home and group sessions using the evidence-based, Born to Learn curriculum. In community settings, The agency will support at-risk teen parents in their placements throughout St. Louis County by providing in-home training and community-based group sessions using the evidence-based Born to Learn curriculum.

**Service Area** Services to Unwed and Teen Parents

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**Project Name** The Family Focus Program

**Project Description** The Family Focus Program will provide in-home family and individual therapy, case management, resource linkage, respite care, psychiatry, 24-hour on-call clinical support, planned and emergency crisis intervention, emergency funds, and related support within the context of an individualized, family-based plan of care aimed at preventing a return to residential treatment or other more restrictive care setting.

**Service Area** Home and Community-Based Intervention Services

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**Project Name** Youth Emergency Services (YES)

**Project Description** The Youth Emergency Services (YES) Program is a crisis shelter that serves homeless, runaway, abused, and neglected youth, as well as youth at risk of abuse or neglect. YES provides a broad range of services, including food, safe shelter with 24-hour supervision, clothing, case management, resource linkage, therapy (individual, group, and family), and in-home aftercare services.

**Eligibility Criteria** Eligible clients include at-risk youth (both male and female) ages 11-19 that are in crisis, including youth who are homeless, those who have been victims of abuse or neglect, those experiencing family crisis or trauma, and those who are disconnected from family or adult supports. Services are provided irrespective of custodial status.

**Service Area** Temporary Shelter Services

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**Project Name** Street Outreach Services (SOS)

**Project Description** Epworth's Street Outreach Program provides center-based and street-based outreach to homeless, runaway, disconnected and at-risk youth. Services include referral & resource linkage, concrete aid, crisis counseling & support, and related care aimed at increasing safety and connecting youth with stable shelter/housing.

**Eligibility Criteria** Eligible clients include homeless, runaway, disconnected, and at-risk youth (both male and female) up to age 19.

**Service Area** Home and Community-Based Services

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**Project Name** Therapeutic School

**Project Description** Epworth's Therapeutic School Program provides education, therapy, rehabilitation, and/or transition services to students attending its Purchase of Service special education program or its Webster Groves School District satellite classroom, both located on Epworth's Webster Groves campus.

**Eligibility Criteria** Eligible students include elementary, middle, and high school age students (both male and female) whose Individualized Education Plans call for Purchase of Service schooling.

**Service Area** Home and Community-Based Services

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**Project Name** School Links and First Steps

**Project Description** The School Links program provides in-home counseling, skill-building, and parenting support to families of school-aged children who are experiencing challenges related to their child's behavior and functioning at home and school. Our goal is to support the child, family and school in order to build the child's and families' skills and to improve their overall functioning.

Project First Steps provides in-home counseling, skill-building and parenting support to families who are experiencing challenges related to children's behavior, family stress and conflict, and issues related to mental illness or disabilities. Our goal is to improve parenting skills, reduce parental stress, and improve the functioning of all family members.

**Eligibility Criteria** School Links serves families of children ages 5 to 13 who reside in one of our thirteen partner districts in St. Louis County (Affton, Bayless, Brentwood, Ferguson-Florissant, Hancock Place, Lindbergh, Maplewood/Richmond Heights, Mehlville, Normandy, Ritenour, Riverview Gardens, University City, and Webster Groves). Families, school staff or community agencies can make referrals by calling 314.644.5055 x 120.

Project First Step serves families with children ages birth to 13 throughout St. Louis County. Families, school staff or community agencies can make referrals by calling 314.644.5055 x 120.

**Service Area** Home and Community-Based Intervention

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**Project Name** Group Parenting Education and Support

**Project Description** Family Support Network will provide Group Parenting Education and Support services to the youth consumers of the St. Louis County Youth Programs at the Spanish Lake site. Using the Active Parenting curriculum, young parents will participate in four sessions of group parenting education and support with the goal of improving parental knowledge and skills, reducing parental stress, and improving outcomes for children. Services will be provided at the Doors to Success program and/or the Youth Resource Center in Spanish Lake.

**Eligibility Criteria** This program will serve young parents who live in St. Louis County, are parenting children ages 13 and under, and are customers of St. Louis County Youth Programs in Spanish Lake.

**Service Area** Services to Unwed and Teenage Parents

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## Every Child's Hope

**Website** <http://everychildshope.org/>

**Phone Number** 314-427-3755

**Executive Director** Michael Brennan

### Funded Projects

**Project Name** Steppingstone

**Project Description** The Steppingstone Program helps youth achieve self-sufficiency by acquiring independent living skills to reintegrate into their communities. Youth are served through three distinct phases 1) group home living, 2) structured, on-campus apartment living, 3) unstructured, off-campus apartment living. Maternity services are also available at all three phases.

**Eligibility Criteria** The Steppingstone Program serves males and females ages 16 to 20 who are residents of St. Louis County. Youth must not be in the custody of the State of Missouri and free from current substance abuse and severe mental health challenges.

**Service Area** Transitional Living

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**Project Name** Family Solutions for Kids

**Project Description** Family Solutions for Kids is a program offered in collaboration with Children's Foundation of Mid-America. The program provides community-based services to youth ages 4-19 struggling with mental health, substance abuse, family and school related issues. Services will include: assessment, case management, referral for mentoring, parent education/coaching, therapy, psychiatry and community resource linkage.

**Service Area** Home and Community-Based Intervention

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## **Family Resource Center**

**Website** [www.frcmo.org](http://www.frcmo.org)

**Phone Number** (314) 534-9350

**Executive Director** Greg Echele

### **Funded Projects**

**Project Name** St. Louis County Child Abuse Prevention Project

**Project Description** The St. Louis County Child Abuse Prevention Project (CAPS) is an initiative to help prevent child abuse and neglect within St. Louis County families as well as help children heal from the traumatic effects of victimization. This will be accomplished by implementing one of the following interventions: Trauma Focused-Cognitive Behavioral Therapy, Parent Child Interaction Therapy and Parenting Wisely. Expected outcomes include improved relationships between parents and children; increase in parental knowledge; prevention of child abuse/neglect; and development of self-management skills. Services are offered in the home of the client or in an office or community setting.

**Service Area** Individual, Group and Family Counseling Services

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**Project Name** St. Louis County Volunteer Resource Parents

**Project Description** The St. Louis County Volunteer Resource Parents (SLVRP) is a mentoring model that addresses the challenges and issues faced by expecting and parenting teens by assigning program participants a trained volunteer mentor and a Youth Outreach Specialist who helps the youth set personal goals for health, education, parenting, and self-sufficiency. Youth participate in a monthly parenting and life skills classes, an incentives program and may have access to child Individual Development Accounts to help build financial assets. Services take place in the home of the client, or in a public setting such as a school or community center.

**Eligibility Criteria** Teens expecting a baby, or who currently have a baby under the age of one year old.

**Service Area** Services to Unwed and Teen Parents

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**Project Name** PathBuilders

**Project Description** PathBuilders leverages strategic partnerships within the St. Louis County community to address the underlying social and environmental problems and stressors (e.g. un- or underemployment, housing, childcare, healthcare) which are shown to lead to chronic, generational child maltreatment. It also provides families with the behavioral tools and emotional strength to sustain a positive, safe and successful future for themselves and their children. The goal, during this 12-24 month process, is to help families who are at risk of becoming chronic child abusers move from a state of perpetual crisis to a sustainable situation in which they possess the parenting and personal skills, knowledge, and resource accessibility to advocate for themselves in order to maintain a positive course toward a successful future. The model and the specific strategies selected for use with families relies heavily on Evidence-Based Practices. Evidence-Based and Promising Practices utilized include:

- HomeBuilders
- Motivational Interviewing
- Parent-Child Interaction Therapy
- Parenting Wisely
- Trauma Focused Cognitive Behavioral Therapy

One of the foundations of PathBuilders is a team approach with the central focus on the family. Members of the Team include the family, a Family Coach, Community Partners, and a Licensed Therapist. Services are conducted in the home of the family, and within the community.

**Eligibility Criteria** PathBuilders specifically targets low-income families in St. Louis County already engaged in child maltreatment through at least one hotline call. These families may be at risk of more chronic maltreatment, as indicated by a minimum number of known risk factors, as determined through assessment.

**Service Area** Home and Community-Based Intervention

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**Project Name** Therapeutic Preschool Day Treatment

**Project Description** The Therapeutic Preschool Day Treatment program one of three such programs in the State of Missouri. It is designed to provide therapeutic preschool for children three to five years of age who are experiencing severe emotional disturbances and behavioral problems, often as a result of experiencing or witnessing abuse. These children are not able to attend a typical preschool setting due to these extreme behavior and/or sociability problems. The intent of the program is to help children realize that they can be successful learners by remaining in their present academic setting without disruption and then transition to their next academic location. Services include: classroom activities guided by the evidence based practice HighScope curriculum ( to assist in social-emotional development and school readiness); small group therapy; individual play therapy; family in-home therapy; literacy education; speech and occupational therapy. Van transportation is provided to pick up the child in the morning and take the child back home or to another day care facility in the afternoon. Lunch and breakfast also provided.

**Eligibility Criteria** Children referred are three to five years of age and are not usually able to participate in a “typical” preschool setting due to their social, emotional, or behavioral challenges. Parents of these children are served through family therapy and parent education.

**Service Area** Home and Community-Based Intervention

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## Foster & Adoptive Care Coalition

Website [www.foster-adopt.org](http://www.foster-adopt.org)  
Phone Number 800-367-8373  
Executive Director Melanie Scheetz

### Funded Project

Project Name Crisis Intervention

Project Description 24-Hour access to Family Intervention Specialists for St. Louis County adoptive & pre-adoptive families who are in crisis and at risk for out-of-home placement for the child or planning reunification of a child returning from out-of-home placement. Services will help families:

1. manage immediate crises and safety plan
2. improve child, parent, and sibling relationships
3. increase family self-management skills
4. prevent disruption.

Eligibility Criteria A family in crisis, with at least one child age 3-19 pre- or post-adoptive/guardianship through foster care.

Service Area Home and Community-Based Intervention

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Project Name 30 Days to Family

Project Description A short term intervention with the purpose to place children with relatives/kin upon entry into the foster care system. The initial search is for grandparents, with a goal of identifying and exploring at least 80 additional relatives and 2-3 placement options. Maternal and paternal relatives are explored with equal interest. Every effort is made to keep siblings together and preserve a child's important relationships with family, friends, and supportive adults.

Eligibility Criteria Child has entered or re-entered the foster care system under St. Louis County Jurisdiction and is between the ages of 0 and 17.

Service Area Home and Community-Based Intervention

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## Good Shepherd Children & Family Services

Website [www.goodshepherdstl.org](http://www.goodshepherdstl.org)  
Phone Number 314-854-5700  
Executive Director Dr. Michael Meehan

### Funded Projects

Project Name Nurturing Teens

<b>Project Description</b>	The program prepares pregnant and newly parenting teens for parenthood by attending to their immediate needs, stabilizing their living environment, and providing parenting education. Services includes: safe housing, nutritious meals and medical care, educational support (tutoring, IEP advocacy), vocational and employment guidance, therapy, planning for a safe home and permanency or independent living. Parenting education is available for youth up to the age of 19 involved in a pregnancy or currently parenting an infant or toddler.
<b>Eligibility Criteria</b>	Pregnant and parenting youth, up to 19 years of age, who are residents of St. Louis County. Home-based services and parenting education are open to mothers and fathers.
<b>Service Area</b>	Services to Unwed and Teen Parents

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<b>Project Name</b>	Nurturing Kids
<b>Project Description</b>	Nurturing Kids serves children who are at risk of child abuse and neglect and their families. Families and Case Managers work together to devise a service plan that addressed the immediate safety of the children and the needs and strengths of the family. Case Managers provide direct services to help vulnerable children and families build skills that will reduce the likelihood of child abuse and neglect. Direct services may include counseling, housing and utility assistance and parenting education. Referrals to specialized programs will be provided including medical care, mental health services, employment, and housing and material goods assistance.
<b>Eligibility Criteria</b>	Services available to St. Louis County families with children ages 0-5. Program eligibility is determined through a basic assessment of the family's situation. Assessment includes documentation of risk and protective factors and the completion of the Protective Factors Survey
<b>Service Area</b>	Home and Community-Based Intervention

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## Great Circle

<b>Website</b>	<a href="http://www.great-circle.org">www.great-circle.org</a>
<b>Phone Number</b>	314-968-2060
<b>Executive Director</b>	Vince Hillyer

### Funded Projects

<b>Project Name</b>	Respite Services for Clients with Autism
<b>Contact</b>	314-256-4920
<b>Project Description</b>	The agency provides facility-based respite services for children with emotional and behavioral disorders. Respite care is also conceptualized as a strategy to support families who are experiencing distress, thereby preventing the placement of children in out-of-home care, and avoiding family breakdown.
<b>Eligibility Criteria</b>	The target population for this project includes any St. Louis County residents, ages 5 to 17 that are diagnosed with autism and/or a developmental disability.
<b>Service Area</b>	Respite Care



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<b>Project Name</b>	Fostering Futures
<b>Contact</b>	314-956-0362
<b>Project Description</b>	Fostering Futures is designed to help children remain in one foster home for a year. Working with a Behavioral Specialist allows children with emotional and behavioral problems, and their foster families, to work through behavioral disruptions that would lead to the children being removed from the foster home.
<b>Service Area</b>	Home and Community-Based Intervention

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## Jewish Family & Children's Service

<b>Website</b>	<a href="http://www.jfcs-stl.org">www.jfcs-stl.org</a>
<b>Phone Number</b>	314-993-1000
<b>Executive Director</b>	L. Louis Albert, MSW, LCSW

### Funded Projects

<b>Project Name</b>	Individual, Group and Family Counseling Services
<b>Project Description</b>	Individual, group and family therapy (with the child present) is offered for counseling issues. Psychological Testing is offered in the following categories: psycho diagnostic assessment (such as school readiness testing); developmental and behavioral assessment (to identify children who should receive a more intensive assessment); psycho educational assessment (a "full battery" covering multiple areas of functioning and personality). School-based services are offered including observation of children; individual short-term interventions with children; group programming for children and/or parents; crisis response; interdisciplinary staffing; information and referral; and educational presentations to parents.
<b>Service Area</b>	Individual, Group and Family Counseling Services

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<b>Project Name</b>	Home and Community-Based Intervention Services
<b>Project Description</b>	School-Based on-site counseling and consulting services are offered to seven (7) Jewish Day Schools, two (2) Early Childhood Education sites and three (3) congregational pre-schools , as well as Normandy, Affton, Ritenour, Parkway, Ladue and University City School Districts. School-based services include: observation of children in the classroom; individual short-term interventions with children; group programming for children and/or parents; crisis response; interdisciplinary staffing; information and referral; and, educational presentations to parents.
<b>Service Area</b>	Home and Community-Based Intervention Services

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<b>Project Name</b>	School-Based Prevention Services - The Child Abuse Prevention Program (CAPP)
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**Project Description** The Child Abuse Prevention Program (CAPP) curriculum is offered on site at schools, daycare facilities and community organizations in St. Louis County. CAPP teaches child safety, sexual abuse recognition and sexual abuse prevention. The Children's Programs include: Safe Touch Plus (age three and special needs children of all ages); Safe Touch (ages four through six); Safe-T (ages seven through nine); Safe Teen (ages 10 through 12); Safe Surf (ages 10 through 19) and Safe Relations (ages 12-19). The Children's Programs include identifying private body parts; distinguishing between appropriate and inappropriate touching, learning and practicing response skills; understanding tricks used by potential abusers; identifying people who can offer help. Safe Surf works specifically to prevent the online sexual exploitation of children. Safe Relations is designed to teach students skills needed in order to prevent sexual harassment (focused in the school environment) and what to do if they are a victim.

**Service Area** School-Based Prevention Services

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**Project Name** Outpatient Psychiatric Services

**Project Description** Services include a comprehensive intake and assessment by a child psychiatrist and an agreed upon treatment plan. Every child or adolescent who receives medication will be monitored by the child psychiatrist and will be seen until the symptoms are stabilized and functioning levels are improved.

**Service Area** Outpatient Psychiatric Services

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### **Kathy J. Weinman Shelter**

**Website** [www.stlouisco.com/healthandwellness/humanservices/domesticviolenceprogram](http://www.stlouisco.com/healthandwellness/humanservices/domesticviolenceprogram)

**Phone Number** 314-423-1117

**Director** Chaunceia Mayfield

#### **Funded Project**

**Project Name** Weinman Shelter Children's Program Mental Health Services

**Project Description** Specialized mental health services for children and their mothers who have experienced domestic violence will be provided by this program. The program will provide age- specific group therapy, individual therapy, and family to victims of domestic violence.

**Eligibility Criteria** Must reside at the shelter or be enrolled in the shelter's follow-up program to receive services.

**Service Area** Individual, Group and Family Counseling Services

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### **Kids In The Middle**

**Website** [www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)

**Phone Number** (314) 909-9922

**Director** Judy Berkowitz

## Funded Project

Project Name	Counseling Services for Children of Divorce
Project Description	Kids In The Middle (KITM) helps children, parents and families thrive during and after divorce through counseling, education and support. When participating in group, individual and family counseling, children express their thoughts and feelings about the changes in the family, learn coping skills for managing the transition and find relief from anxiety and depression. Because parents play an integral role in helping their children adjust, therapists also work with the parents through individual and family counseling, co-parenting counseling, education and support groups.
Eligibility Criteria	Kids In The Middle works with children ages three through eighteen and their parents. If parents have joint legal custody, both parents must consent to treatment for the children. Clients can self-refer or can be mandated to participate.
Service Area	Individual, Group and Family Counseling Services

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## Lutheran Family & Children's Services of Missouri

Website	<a href="http://www.lfcsmo.org">www.lfcsmo.org</a>
Phone Number	314-787-5100
Executive Director	Reverend Alan Erdman

## Funded Projects

Project Name	Nurturing Teens
Project Description	Professional social workers offer parenting education, case management, counseling and guidance toward achieving a stable home environment for their children.
Eligibility Criteria	Pregnant and parenting teens (age 19 and under) and their children.
Service Area	Services to Unwed and Teen Parents

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Project Name	Nurturing Kids
Project Description	Professional social workers offer parenting education, case management, counseling and guidance toward achieving a stable home environment for children at risk of abuse or neglect.
Eligibility Criteria	Children (ages birth to 5) whose parents are experiencing a crisis or are in need of parenting assistance, counseling or guidance to stabilize their home life.
Service Area	Home and Community-Based Intervention

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Project Name	Respite Care
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**Project Description** Voluntary, short-term care with licensed, caring and loving foster parents who provide care on a temporary basis while parents work with a social worker to achieve a stable, safe home environment.

**Service Area** Respite Care

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**Project Name** Child Psychiatry

**Project Description** Child-focused psychiatry.

**Service Area** Outpatient Psychiatry

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**Project Name** STEP-UP

**Project Description** Prevention and early intervention services to youth via group sessions focused on introducing youth to healthy alternatives to substance abuse, violence and aggression. Follow-up coaching is offered for youth needing more intensive services.

**Service Area** Home and Community-Based Intervention

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**Project Name** Child and Family Counseling

**Project Description** Therapeutic counseling services that include assessment, individual/family therapy, and school consultation.

**Service Area** Individual, Group, and Family Counseling

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**Project Name** School-Based Counseling

**Project Description** Early intervention services to reach youth struggling with depression, emotional or behavioral issues and prevention services that introduce and support healthy alternatives to substance abuse, violence and aggression.

**Eligibility Criteria** Students attending Bayless, Hazelwood, Mehlville, and University City School Districts and Lutheran Schools located in St. Louis County.

**Service Area** Home and Community-Based Intervention

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**Project Name** Adoption-Focused Mental Health

**Project Description** Specialized therapeutic counseling and support offered to adoptive, foster care or guardianship children experiencing stress, school problems, emotional, behavioral or attachment issues.

**Service Area** Individual, Group and Family Counseling Services

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## National Council on Alcoholism and Drug Abuse (NCADA)-St. Louis Area

Website [www.ncada-stl.org](http://www.ncada-stl.org)  
Phone Number (314) 962-3456  
Executive Director Ed Tasch

### Funded Project

Project Name Prevention First

Project Description Prevention First (PF) is a menu of over 30 substance abuse prevention programs offered to students in grades K-12. Schools can choose programs that best meet the needs of their students and the goals of their school/district. PF programs include curricula of varying lengths for students: community service projects appropriate to each grade level; peer leadership programs for middle and high school students, including various models of peer teaching and peer helping; and goal setting groups, groups of same-age peers who meet weekly to set goals for personal and academic success.

Service Area School-Based Prevention

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## Nurses for Newborns

Website [www.nfnf.org](http://www.nfnf.org)  
Phone Number (314) 544-3433  
CEO Melinda Ohlemiller

### Funded Project

Project Name Keeping Infants Safe

Project Description This project utilizes NFNf's evidence based model of intensive home visitation by highly qualified registered nurses to serve a target population of medically vulnerable and socially complex families in order to promote positive parenting skills and prevent child abuse and neglect.

Eligibility Criteria Participants must be St. Louis County infants and their caregivers with medically vulnerable and socially complex family situations. It is anticipated that parent ages will range from 13-30 years of age.

Service Area Home and Community-Based Intervention

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## Our Lady's Inn

Website [www.ourladysinn.org](http://www.ourladysinn.org)  
Phone Number (314) 351-4590  
Executive Director Peggy Forrest (Executive Director) / Mary Laubengayer (Program Director)

### **Funded Project**

Project Name	Our Lady's Inn Maternity Home
Project Description	Shelter and care for pregnant teens ages 17-19 and for the children of pregnant women aged 19 and over who are homeless for a variety of reasons. Shelter and care includes: case management, food, personal supplies, clothing, baby items, and counseling. Classes in budgeting, childbirth, parenting and life skills are also provided.
Service Area	Services to Unwed and Teen Parents

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### **Our Little Haven**

Website	<a href="http://www.OurLittleHaven.org">www.OurLittleHaven.org</a>
Phone Number	(314) 533-2229
Executive Director	Scott Hummel

### **Funded Projects**

Project Name	Keystone Individual, Family, Group Counseling
Project Description	The goal of Keystone Outpatient Mental Health services is to increase the mental health and well-being of underserved clients by decreasing symptoms and increasing functioning, through early intervention. Mental health services include individual, family, and group counseling/psychotherapy (treatment), mental health screenings and assessment, psychological evaluations, parenting assessments and parent groups, and professional consultation/ training to community agencies. Mental health services are provided by licensed mental health professionals (psychologists and clinical social workers).
Service Area	Individual, Group and Family Counseling Services

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Project Name	Keystone Outpatient Psychiatric Care
Project Description	Keystone provides psychiatric medication management by a licensed child psychiatrist as an adjunct to on-going psychotherapy/counseling in the agency. Psychiatric medication management is not a 'stand alone' treatment or service. It is only open to child clients whose families are actively participating in on-going counseling/psychotherapy with a Keystone psychotherapist. Referrals to our psychiatrist can only be made by the client's Keystone therapist.
Service Area	Outpatient Psychiatric Services

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### **Places for People**

Website	<a href="http://www.placesforpeople.org">www.placesforpeople.org</a>
Phone Number	(314) 772-8801
Executive Director	Joseph Yancey

### **Funded Projects**

<b>Project Name</b>	Multisystemic Therapy (MST)
<b>Project Description</b>	Multisystemic Therapy is an intensive home and community-based treatment that includes individual counseling, family therapy, school interventions, and linkage with other resources (e.g. psychiatric) to prevent out of home placement; stabilize youth and families; strengthen family problem solving skills; and promote educational and vocational achievement.
<b>Eligibility Criteria</b>	Male and female youth between ages 12-17; living with parent or legal guardian; at risk for out-of-home placement; parent or guardian agrees to intensive home-based services and goal of maintaining home placement; youth not actively suicidal. Call (314) 772-8801 x230.
<b>Intake Number</b>	(314) 772-8801 x230
<b>Service Area</b>	Home and Community-Based Intervention

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<b>Project Name</b>	Incredible Years
<b>Project Description</b>	Community-based early intervention/prevention program for parents of children between births - 12 years. Emphasis on increasing parental effectiveness, use of positive parenting techniques, and satisfaction with parenting.
<b>Eligibility Criteria</b>	Parents, legal guardians, custodians of children birth-12 years. Special emphasis on lower income families and/or families with limited access to resources.
<b>Intake Number</b>	(314) 772-8801 x248
<b>Service Area</b>	Home and Community-Based Intervention

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### **Preferred Family Healthcare, Inc.**

<b>Website</b>	<a href="http://www.pfh.org">www.pfh.org</a>
<b>Phone Number</b>	(314) 246-1052
<b>Contact</b>	Bryan Quick, Eastern Region Clinical Vice President

#### **Funded Projects**

<b>Project Name</b>	St. Louis County Outpatient Substance Abuse Counseling
<b>Project Description</b>	The agency will deliver evidence-based substance abuse counseling services to youth experiencing substance abuse problems. Group education/counseling, individual/trauma/co-occurring therapy, family counseling, community support services and psychiatric evaluation and medication management are among the services that will be provided.
<b>Service Area</b>	Outpatient Substance Abuse Treatment

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<b>Project Name</b>	Team of Concern for St. Louis County Schools
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**Project Description** The agency will deliver evidence-based substance abuse counseling services to youth experiencing substance abuse problems. Group education/counseling, individual/trauma/co-occurring therapy, family counseling, community support services and psychiatric evaluation and medication management are among the services that will be provided.

**Service Area** Home and Community-Based Intervention

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## **Provident, Inc.**

**Website** [www.providentstl.org](http://www.providentstl.org)

**Phone Number** (314) 371-6500

**Executive Director** Tom Mulhearn

### **Funded Project**

**Project Name** Integrated Counseling, Clinical Case Management, and Telephonic Support

**Project Description** Integrated services include clinical assessment, individual and family counseling, 24 hour access to clinical specialists by telephone, clinical case management, and group counseling. Services are provided by a multi-disciplinary team consisting of a masters level clinician, telephonic clinical specialist, and clinical case manager. Unstructured counseling groups use the same treatment models as individual therapy. Higher functioning youth are assigned to groups based on diagnosis, such as substance abuse, anger management, grief, suicide attempters, or depression.

**Eligibility Criteria** Youth must be St. Louis County residents, ages 2-19.

**Service Area** Individual, Group and Family Counseling Services

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## **Queen of Peace Center**

**Website** [www.qopcstl.org](http://www.qopcstl.org)

**Phone Number** (314) 531-0511

**Executive Director** Lara Pennington

### **Funded Project**

**Project Name** Adolescent Resource Center (ARC)

**Project Description** Early intervention and treatment services for adolescents with substance use disorders, as well as those who are at risk of developing disorders.

**Eligibility Criteria** The target population for the Adolescence Resource Center is adolescents ages 12-19 receiving services at organizations including but not limited to Saint Louis County Justice Services, Saint Louis County Family Court, Every Child's Hope, and Saint Louis Archdiocesan Elementary and Secondary Schools.

**Service Area** Outpatient Substance Abuse Treatment



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Project Name	Nurturing Networks
Project Description	Outreach, early intervention, assessments and continuity of care through evidence-based practices will be provided to positively impact the lives of St. Louis County children and families.
Eligibility Criteria	Children residing in St. Louis County aging from 0-19, whose mothers are accessing substance abuse treatment services at Queen of Peace Center.
Service Area	Individual, Group, and Family Counseling Services

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## Redevelopment Opportunities for Women, Inc.

Website	<a href="http://www.row-stl.org">www.row-stl.org</a>
Phone Number	(314) 588-8300
Executive Director	Meg Schnabel

### Funded Project

Project Name	Family Strengths Program
Project Description	The Family Strengths Program (FSP) targets the children of low income female headed families who have been impacted by domestic violence, homelessness, and/or poverty. The program focuses specifically on improving the lives of children and providing comprehensive advocacy and support to their mothers. Services provided include: comprehensive parent education classes, child developmental assessments, early childhood activity class, home based advocacy and support, economic advocacy, and access to child development accounts.
Eligibility Criteria	Women with children (ages 0 - 17) who have been impacted by domestic violence, homelessness, and/or poverty. This includes women may, or may not, have custodial status of their children as well as teenage mothers.
Service Area	Home and Community-Based Intervention

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## Room at the Inn

Website	<a href="http://www.RoomSTL.org">www.RoomSTL.org</a>
Phone Number	314-209-9198
Program Director	Joann Nowak

### Funded Project

Project Name	Emergency Sheltering Program
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**Project Description** Room at the Inn is an emergency homeless shelter for women and families of St. Louis County. All minor children are served with their parent(s). The Emergency Sheltering Program offers safe, clean shelter, food, shower and laundry facilities, phone, fax, computer and internet access, clothes and personal supplies.

**Service Area** Temporary Shelter

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## Safe Connections

**Website** [www.safeconnections.org](http://www.safeconnections.org)

**Phone Number** (314) 646-7500

**Executive Director** Susan Kidder

### Funded Projects

**Project Name** Counseling and Support Groups for Teens

**Project Description** Individual and group counseling for teens around the issues of dating, relationship, and sexual violence. Counseling will be offered both in schools and at the agency.

**Service Area** Individual, Group, and Family Counseling

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**Project Name** Project H.A.R.T. Relationship Skills and Violence Prevention Program

**Project Description** Project H.A.R.T. (Healthy Alternatives for Relationships Amongst Teens) is a violence relationship and sexual violence prevention program made up of a series of workshops that are designed to give teen girls and boys the knowledge and skills that will help them develop healthy relationships, free from abuse and violence. This program is offered in middle schools, high schools, and alternative settings.

**Service Area** School-Based Prevention

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## Saint Louis Crisis Nursery

**Website** [www.crisisnurserykids.org](http://www.crisisnurserykids.org)

**Phone Number** (314) 292-5770

**24 Hour Hotline** (314) 768-3201

**CEO** DiAnne Mueller

### Funded Projects

**Project Name** SOS For Kids

**Project Description** Provides emergency respite care for children, birth through age 12, whose families are experiencing a crisis.

Service Area      Respite Care

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Project Name      Family Empowerment Program

Project Description      Provides counseling, resource referrals, home visitation, parenting education groups and community outreach to families with young children.

Service Area      Home and Community-Based Intervention

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## St. Louis County Department of Health

Website      [www.stlouisco.com](http://www.stlouisco.com)

Phone Number      (314) 679-7871 or (314) 679- 7923

Project Manager      Dr. Delores Gunn (Director) / Vanessa Davis (Program Supervisor)

### Funded Project

Project Name      Nurse-Family Partnership Program

Project Description      Nurse-Family Partnership is an evidence based program. This is a unique home visiting program for first-time expectant mothers. It is designed to help build a strong, happy and healthy family. A first time mother is paired with a specially trained nurse who will visit her in her home throughout pregnancy and for the first two years of her child's life.

Eligibility Criteria      Women expecting their first baby, less than 28 weeks pregnant, 19 years or younger, low income.

Service Area      Home and Community-Based Intervention

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## St. Louis County Department of Human Services

Website      [www.stlouisco.com](http://www.stlouisco.com)

Phone Number      (314) 615-4429

Project Manager      Tom Fee

### Funded Project

Project Name      St. Louis County Youth Resource Center

Project Description      County Youth Programs provides centralized Case Management and coordination of multiple services for youth in crisis, disconnected from school/family/home, or unemployed. Services include: strength-based assessment; individual care planning; emergency support; on-site Mental Health Counseling and Substance Abuse Outpatient services; GED/Basic Skills classes; Essential Life Skills/Resiliency Training; Job preparation, advocacy, referral, and ongoing motivational counseling.

**Eligibility Criteria** St. Louis County Youth Program (CYP) serves male and female youth from age 12 through 19 years old, including: disconnected youth, who are separated from school, dropped out, or at risk of dropping out of school; children and youth at risk for unhealthy behaviors, without strong family support or financial resources to obtain mental health services; children and youth with symptoms of trauma; youth aging out/in transition from temporary, unstable and unsafe living arrangements; pregnant/parenting teens; homeless youth; and children exhibiting problematic behavioral and emotional symptoms. Youth ages 17 to 19 are eligible for alternative/GED educational services.

**Service Area** Home and Community-Based Intervention

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## St. Martha's Hall

**Website** [www.saintmarthas.org](http://www.saintmarthas.org)  
**Phone Number** (314) 533-1313 (24hr.)  
**Executive Director** Michelle Schiller-Baker

### Funded Project

**Project Name** Domestic Violence Emergency Sheltering Program

**Project Description** St. Martha's Hall is a confidential emergency shelter for abused women and their children. The program provides safe, clean shelter, 3 meals a day, individual bedrooms for each family, shower and laundry facilities, phone, fax, computer and internet access, clothes, personal hygiene items, school supplies, secured play area both indoors and outdoors and library with educational and recreational books and videos. Support services are provided on three levels: assessment, intervention and prevention.

**Eligibility Criteria** Dependent minor children accompanying mother to the shelter who are St. Louis County residents. Shelter is for abused women 18 years of age and older or qualified minors, 16-17 years

**Service Area** Temporary Shelter

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## St. Vincent Home for Children

**Website** [www.saintvincenthome.org](http://www.saintvincenthome.org)  
**Phone Number** (314) 261-6011  
**Executive Director** Lee Ann Taylor

### Funded Projects

**Project Name** Temporary Shelter Program

**Project Description** The Temporary Shelter Program provides 30 day temporary shelter to youth who are experiencing behaviors that have placed them at risk of entry into foster care and/or the juvenile justice system. These high-risk behaviors may include property damage, assault, aggression at home and/or school, poor school attendance or suspension, and posing a risk to family and/or siblings. Shelter services include psycho-educational groups and individual counseling for the youth. The family will receive counseling and case management services weekly in the home while their child is in the shelter.

**Eligibility Criteria** Males and females, ages 17 - 19, and their families who are residents of St. Louis County are eligible to receive services. The youth must be in the legal custody of their parent/guardian and must be at risk of entry into foster care and/or the juvenile justice system.

**Service Area** Temporary Shelter

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**Project Name** Transitioning Teens Program

**Project Description** This program provides up to 30 day temporary shelter to youth who are currently homeless. If reunification is possible, the youth will be enrolled in the Back on Track program. If reunification is not possible, the youth will receive individual counseling, psycho-educational groups, and case management services designed to locate a more permanent living situation such as Transitional Living or Independent Living.

**Eligibility Criteria** Males and females, ages 17-19, who are residents of St. Louis County who are currently homeless. Pregnant girls will be accepted only during their 1st trimester of pregnancy. Referrals are accepted 24 hours a day, 7 days a week.

**Service Area** Temporary Shelter

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## Touchpoint Autism Services

**Website** [www.touchpointautism.org](http://www.touchpointautism.org)

**Phone Number** (314) 432-6200

**CEO** Ron Ekstrand

### Funded Project

**Project Name** Specialized Autism Respite Services

**Project Description** TouchPoint Autism Services provides in-home respite support for children with an autism spectrum disorder and their families. Services are uniquely designed to help manage familial stress, improve the child's functional abilities, and increase natural supports. TouchPoint matches families with autism-trained, compatible respite providers (Individual Support Assistants). Respite providers utilize behavioral intervention techniques designed to address the unique challenges associated with autism and to support the child in achieving their personal goals.

**Eligibility Criteria** Eligible participants are St. Louis County children, ages 2 to 19, with an autism spectrum disorder diagnosis.

**Service Area** Respite Care

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## Voices for Children

**Website** [www.casastlcounty.org](http://www.casastlcounty.org)

**Phone Number** (314)-615-2908

CEO Jan K. Huneke

### **Funded Project**

Project Name Child Advocacy

Project Description Voices for Children provides advocacy services through court appointed special advocates (CASA volunteers) to those children in foster care under the jurisdiction of the St. Louis County Family Court.

Eligibility Criteria All children served by Voices for Children must be under the jurisdiction of St. Louis County Family Court.

Service Area Home and Community-Based Intervention

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## **Washington University - School of Medicine**

Website <http://wuchild.wustl.edu/>

Phone Number (314) 286-1700

Contact Person Donna Sand

### **Funded Project**

Project Name Comprehensive Approach to Unmet Mental Health Needs of Infants and Preschool Children in Foster Care, Phase II, "SYNCHRONY Project"

Project Description The SYNCHRONY Project consists of two primary intervention tracks; 1) Evidence-based parenting education and 2) Child /Parent psychiatric support (comprehensive and continuous). The child-parent mental health assessment, provided by a child psychiatrist or psychologist with special training or experience in infancy and early childhood, includes comprehensive and collaborative intervention planning and mental health care for: a) infants and preschool children in foster care; and b) when reunification is under consideration, their parents-of-origin. Families referred to the parenting education program may also proceed with the child/parent psychiatric evaluation whenever indicated.

Eligibility Criteria Children age birth to 5 years placed, at risk for placement, or transitioning out of foster care in St. Louis County, who have unmet needs for: a) mental health services; and/or b) evidence-based interventions to provide education and support to their parents-of-origin. Eligible referrals must be made through the Family Court of Saint Louis County or the Children's Division of the Missouri Department of Social Services.

Service Area Outpatient Psychiatric Services

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## **Washington University - The SPOT**

Website [www.thespot.wustl.edu](http://www.thespot.wustl.edu)

Phone Number (314) 535-0413

Executive Director Kim Donica

### **Funded Project**

<b>Project Name</b>	Supporting Positive Opportunities with Teens
<b>Project Description</b>	The SPOT is a one-stop, drop-in center for youth and with youth that is easily accessed to serve their health, social support and prevention needs free of charge and with as few administrative barriers as possible. The SPOT engages youth in all aspects of program development and fosters active youth leadership. With funding from the Children's Services Fund the SPOT will provide individual counseling, case management including workforce development assistance, and psychiatry services.
<b>Eligibility Criteria</b>	St. Louis County resident ages 13-19
<b>Service Area</b>	Individual, Group, and Family Counseling

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### **Women's Safe House**

<b>Website</b>	<a href="http://www.twsh.org">www.twsh.org</a>
<b>Phone Number</b>	(314) 772-4535
<b>Executive Director</b>	Sylvia Jackson

### **Funded Project**

<b>Project Name</b>	Primary Prevention Initiative for Children & Youth Exposed to Domestic Violence
<b>Project Description</b>	Primary Prevention Initiative for Children and Youth Exposed to Domestic Violence assists domestic violence survivors (women) to develop the resources to overcome the stressors that may trigger abusive or neglectful behavior toward their children, improve their communication and discipline techniques, while creating a culture of violence prevention in their households. It also assists residents ages 6 through 18, to learn and use life skills that will result in developing self-control and knowing/using non-violent strategies.
<b>Eligibility Criteria</b>	Youth and children accompanying their parents, who are St. Louis County residents living at The Women's Safe House, are eligible for services through the Primary Prevention Initiative for Children and Youth Exposed to Domestic Violence program.
<b>Service Area</b>	Temporary Shelter Services

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## Youth In Need

Website [www.youthinneed.org](http://www.youthinneed.org)  
Phone Number (636) 946-5600  
President/CEO James Braun

### Funded Projects

Project Name Youth Connection - Crisis Intervention

Project Description The agency's Street Outreach team will deliver mobile services to homeless and at risk youth. This includes case management, education, survival aid and access to shelter. Group presentation to all children and youth about accessing help in a crisis situation.

Contact Phone: (314) 628-2929  
(314) 280-0941

Service Area Temporary Shelter

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Project Name Counseling

Project Description Individual, group and family counseling delivered in 6 school districts (Pattonville Normandy, Ritenour, Valley Park, Lindbergh, Hancock Place) and the Spanish Lake community. Services are based on a strength based, real time feedback outcome model.

Contact Phone Normandy, Pattonville, Ritenour: (314) 341-5030  
Hancock Place, Lindbergh, Valley Park, Spanish Lake: (314) 280-6375  
Early Childhood: (314) 280-6375  
Spanish Lake, Riverview, North County Tech, SCOPE: (636) 757-9402

Service Area Home and Community-Based Intervention

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Project Name Transitional Living

Project Description Scattered site apartments in the Maryland Heights area and limited group home availability in St. Charles. Services include housing, counseling, case management and life skills delivered through a strength based model.

Eligibility Criteria Youth in St. Louis County ages 16-19 who are homeless, transitioning out of foster care or at risk and unstable living conditions.

Contact Phone (636) 946-0101 x1423 (voicemail after hours)

Service Area Transitional Living

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**Project Name**      Emergency Shelter Program

**Project Description**   Group home shelter for youth ages 10-19 who are in need of temporary, safe shelter including homeless, runaway, and youth in family crisis.

**Contact Phone**      (636) 946-3771

**Service Area**      Temporary Shelter

St. Louis County  Children's Service Fund  
*Keeping Kids First*

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